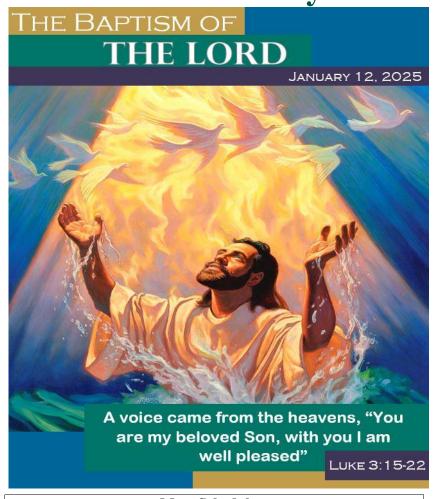
The Catholic Parishes of Crawford County January 11th & 12th, 2025



Mass Schedules:

Holv Cross

Saturday 6:00 p.m. **Sunday 8:00 a.m**. & 10:00 a.m. Tuesday 8:30 a.m. Wednesday 8:30 a.m. Friday 8:00 a.m.

Mass in Spanish: (every 1st & 3rd Sunday) at 11:30 a.m.

St. Francis Caracciolo

Saturday 4:00 p.m. Thursday 8:00 a.m.

St. Michael

Surcanceigen o a.m.

Troangelled: 30 a.m.

Parish Office Hours:

Tuesday - Friday 8:00 a.m. - 4 p.m.

Phone: (573) 885-3520 Fax: (573) 885-3501 Address: 415 W. School Ave., Cuba, MO 65453

Email: hccccuba@gmail.com Web: holycrosscubamo.org

Fr. Anthony (Tony) Onveihe: (573) 462-6522

aonyeihe@diojeffcity.org

S. Karen Thein SSND: (507) 514-3226 **Deacon Chad Lewis:** (573) 885-3520

Holy Cross School Office: Phone: (573) 885-4727

Email: holycrossschoolcuba@gmail.com

Website: www.hcschoolcuba.org Principal, Melinda Osentoski:

holycross.osentoski@gmail.com

School Advisory Members:

| Aminta Abdinova | Mike Kempf |
|-----------------|------------------|
| Alan Collins | Christy Moreland |
| | Kathy Royal |

Parish Council Members:

| t di isi codnen illembers. | | | | |
|----------------------------|-----------------|--|--|--|
| Jim Bathe | Mike Kempf | | | |
| Jerry Dubbelde | RuthAnn Kuethe | | | |
| Alice Engelbrecht | Esli Navarro | | | |
| Joe Howdeshell | Diane McCameron | | | |
| Don Hudson | Ruth Woodson | | | |
| Vicky Dunakey | Kayla Korte | | | |

Finance Council Members:

| Larry Howdeshell | Donna Conduitt | | |
|------------------|------------------|--|--|
| Teresa Leicht | Christina Barton | | |

Bishop McKnight's Monthly

Prayer Intention:
"For hope to find a home in our hearts as we embrace the joy of Christ's birth. Amid the jubilation, may we also find time in prayer to experience the calm and peace of God's presence in our lives."

| Jan. 17 | - The reast of St. Anthony |
|---------|--|
| Jan. 20 | Martin Luther King Jr. Day |
| Jan. 21 | - The Feast of St. Agnes |
| Jan. 24 | - The Feast of St. Francis De Sales |
| Ion 25 | Conversion of Soint Poul the A |

-Conversion of Saint Paul, the Apostle **Jan. 25**

The Feast of St. Anthony

Jan. 26 - Catholic Schools Week (Jan. 26 - Feb. 1)

Jan. 28 - The Feast of St. Thomas Aquinas

Jan. 28 - Catholic Schools Week (Jan. 28 - Feb. 3)

Jan. 31 - The Feast of St. John Bosco

Feb. 2 - World Day for Consecrated Life

Feb. 2 - The Presentation of the Lord, Candlemas

Feb. 3 The Feast of St. Blaise

Mission Statement:

We, the Catholic parishes of Holy Cross, St. Francis, and St. Michael, aware of the intergenerational communities and the various cultures living in our communities, welcome all – no matter where they are on the journey of Faith. We strive to strengthen the communities of Faith by working together through prayer, works of Justice and concern for our neighbors.



Ministry Scheduler Pro

Go to this link to see the schedule:

www.rotundasoftware.com/ministry/HolyCrossCuba

Mass Intentions for 1/13–1/19, 2024

14 H.C. Tues. 8:30 p.m. - No intention requested

15 H.C. Wed. 8:30 a.m. - Betty Weisel \updownarrow

16 St.F. Thurs. 8:00 a.m. - No intention requested

17 H.C. Fri. 8:00 a.m. - Richard LaGrand ₽

18 St.F. Sat. 4:00 p.m. - No intention requested

18 H.C. Sat. 6:00 p.m. - Leroy Rolens ₽

19 H.C. Sun. 8:00 a.m. - Loretta Holtsmann ₽

19 H.C. Sun. 10:00 a.m. - Tom Conduitt ₽

19 H.C. Sun. 11:30 a.m. - People of the parish (Mass in Spanish)

| Parish Collections: December 31 & January 1, 2025 | | | | | |
|---|-----------|---|----------|---|------------|
| Parish | Envelopes | | Loose | | Total |
| Holy Cross | \$345.00 | + | \$52.00 | = | \$397.00 |
| St. Michael | \$972.00 | + | \$115.00 | = | \$1,087.00 |
| St. Francis | \$20.00 | + | \$111.00 | = | \$131.00 |

| Parish Collections: January 4 & 5, 2025 | | | | | |
|---|------------|---|----------|---|------------|
| Parish | Envelopes | | Loose | | Total |
| Holy Cross | \$4,090.00 | + | \$183.00 | = | \$4,273.00 |
| St. Michael | \$285.00 | + | \$0.00 | = | \$285.00 |
| St. Francis | \$313.00 | + | \$233.00 | = | \$546.00 |



Joann Mullen, Eugene Kempf, Charlotte Vavra, Helen Mattox, Suzy Hutchins, Lona Pogue, Janet Lyons, Catherine DeClue, Julie Coster, Donna Lott,

Joyce, Joe Kuenz, Cayden Richards, Mariana Weber, Don and Kaye Robertson, Dustin Drennan, Yazmin Viramontes, Carolyn Horsefield, James Happle Sr., Sandy Mowry, Aiden Leos, Jerry Welter, John Breeden

Altar Society:



The Altar Society WILL **NOT** have a meeting in the month of January.

Adoration: Every Wednesday



Adoration: Every Wednesday from 9 a.m. -3 p.m. after the Mass. Weekly Sign-up sheets at Holy Cross. You can sign up online at Ministry Scheduler Pro. What hour can you be before the Blessed Sacrament?



Classes are Wednesdays 5:30 – 6:30 p.m.

Classes in January are:

January 15 January 22 NO Class January 29

OCIA (Order of Christian Initiation for Adults):



The next session is: January 19th at 1:00 p.m. Please keep them in your prayers as they deepen their relationship with Christ and discern their call to join the Church.

Preparing for the Jubilee Year of Hope

The Universal Church prepares to celebrate the **Jubilee Year 2025**, marking the 2025th anniversary of the



Incarnation of Our Lord. The theme for the 2025 Jubilee Year is "Pilgrims of Hope." It invites us to deepen our relationships with God, with one another, and with creation, while sharing the hope of the Christian faith with the world. This

holy year, celebrated every 25 years, will provide opportunities to experience God's grace through Jubilee Masses, pilgrimages, and other spiritual events. The **Diocese of Jefferson City** is actively preparing to celebrate the Jubilee Year of Hope. To learn more about upcoming events and how you can participate, visit the Diocese's Jubilee webpage: diojeffcity.org/jubilee-year

Let us embrace this holy year with open hearts and journey together as **Pilgrims of Hope!**

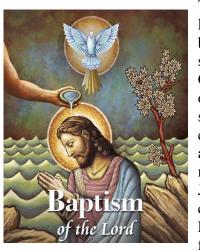
2024 – End of the Year Statements:



End of the year statements for 2024 greater than \$2,000 will be mailed out in the following weeks. Those less than \$2,000 will

be available upon request. This is to help reduce cost spending on mailing.

<u>Baptism of our Lord Jesus Christ</u> marks the end of the Christmas season. After this day, we will begin Ordinary



Time in the Church's liturgical year. Jesus being baptized identifies Him with sinful humanity. Since he is God, the Son, he is without original sin and no personal sin. Our baptism is to cleanse us of both original and personal sins and to make us children of God. Jesus made a personal commitment to his heavenly Father to save humanity from sin and to reconcile us

with him. Through our baptism into Jesus' life, death, and resurrection, we are called to make individual personal commitments to Jesus to continue his mission on earth. We are to show respect, love, and mercy to those who society may not care for.

World Day for Consecrated Life will be celebrated in the



Church on Sunday, February 2. Please pray for all those who have made commitments in the consecrated life. Sister Karen professed her vows in the Congregation of School Sisters of Notre Dame. Be sure to thank Sister Karen and all

those in consecrated life on their special day! May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

Breaking The Silence Of Abuse - As a diocese, we are



committed to breaking the silence of abuse. When someone is reporting abuse, we must acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is

disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the Attorney General's clergy abuse online form. All of this information is also on our website, under the 'report abuse' tab. For those who want information or want to convey a message to Bishop McKnight, please encourage them to write to us at reportabuse@diojeffcity.org.





Don't forget to continue to read the book that was handed out during Christmas, "33 Days to Eucharistic Glory". On February 2nd, Fr Tony and all those who would like to join him, will make a Consecration to Jesus in the Holy Eucharist. May God continue to strengthen us with His grace on this journey!

January is Poverty Awareness Month!



During Poverty Awareness Month, join the U.S. Bishops, the Catholic Campaign for Human Development, and the Catholic community in the United States in taking up

Pope Francis' challenge to live in solidarity with the poor!

To learn more go to: www.povertyusa.org

Day of Prayer for the Legal Protection of Unborn Children:

We are reminded time and again in Scripture to seek the



Lord's help, and as people of faith, we believe that our prayers are heard. January 22nd is designated as a day of prayer and penance in all the Dioceses of the United States of America. We are called to observe this day through prayer, fasting and/or giving alms.



Sunday, January 19, 2025

Week of Prayer for Christian Unity:



The Week of Prayer for Christian Unity is a response to Christ's prayer "that they all may be one". It is an eightday period of prayer in which

all Christians are invited to participate. The week is celebrated internationally each year from January 18 - 25, concluding on the Feast of the Conversion of St. Paul.

9 Days for Life:

Pray to Protect Human Life, January 16 -24, 2025. "9 Days for Life" is a novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life. To find out more go to: www.9daysforlife.com



MASS ATTENDANCE IN THE DIOCESE OF JEFFERSON CITY

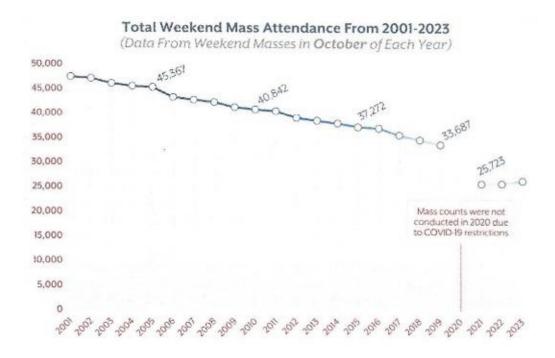
Results of the 2022-2024 Attendance Counts

Since at least 2000, parishes in the Diocese of Jefferson City have used Mass attendance counts as a valuable tool for pastoral planning.

Accurate counts of Mass-attending Catholics help the diocese and individual parishes make informed decisions for the future. By understanding attendance trends, resources can be used effectively, and support can be directed to areas of greatest need. For parishes experiencing a decline, quantifiable data can support planning to address these challenges.

Traditionally, Mass attendance counts in the Diocese of Jefferson City were taken annually over the first four weekends of October. The counts were not conducted in 2020 at the height of the COVID-19 pandemic.

Data gathered over nearly 25 years of October counts indicate a slow, steady decline in Mass attendance in the diocese. From 2001 to 2019, October counts showed a collective 29% decline. With this decline in attendance, the diocese has also observed that churches are less full during the celebration of Mass. Since Catholic priests are limited in the number of Masses they can celebrate, it is essential to structure Mass schedules to maximize the reach of their ministry. Scheduling Masses to encourage fuller congregations helps prevent priest burnout, makes better use of liturgical ministers, and enhances the Mass experience for all. After the 2020 pause, counts resumed in 2021, revealing an additional 24% drop in attendance in the wake of the pandemic.



With this sharp decline, the Diocesan Presbyteral Council identified the need for more timely data to track attendance following the pandemic. They also noted that counting only in October could distort the data. Some parishes in tourist communities see seasonal attendance fluctuations that are not reflected in October counts. Additionally, October can be a challenging month for parishes with schools, as families often travel for fall youth sports and activities, leading them to attend Mass outside of their home parishes.

To address these concerns, the Diocesan Presbyteral Council initiated a year-long count of all weekend Masses beginning in August 2022. In this new model, parishes tallied attendance at all weekend Masses throughout the year.

Total Weekend Mass Attendance From August 2022 - July 2024

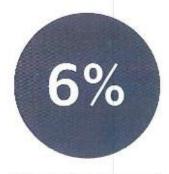
Data From Weekend and Holy Day Masses Throughout All Months of the Year



Weekend Mass attendance from August 2022 - July 2023



Weekend Mass attendance from August 2023 - July 2024



Mass attendance increased by 6% between the two counting periods

As data collection progressed, council members observed that continuous tracking provided a more accurate picture of parish vitality. In 2023, they extended the count for a second year, through July 2024. Overall, the data showed a collective 6% rebound in Mass attendance over the two year data collection period.

While this report is a simplified summary of the data collected, much greater detail is available to parishes upon request from the Chancery.

Following the second year of data collection, the Diocesan Presbyteral Council decided to pause the Mass counts for three years, with plans to conduct another full-year count from August 2027 through July 2028.

In the meantime, parishes throughout the diocese continue to implement strategies rooted in our Catholic faith to encourage participation in Mass and to warmly welcome those new to the Church.

Strengthening Catholic stewardship in the diocese includes a focus on hospitality, ensuring that both regular attendees and newcomers feel welcomed in our parishes. Many parishes have incorporated hospitality initiatives into their local pastoral plans. The Shaping Our Future Together initiative also supports parishes as they seek to thrive by fostering cooperation, deanery-level planning, and resource sharing. More recently, the diocesan-wide Parishes as Communities of the Beatitudes effort invites parishioners to study and pray together, reflecting on how we can better structure our parishes as we move forward as a united People of God in the Diocese of Jefferson City.

The insights gained from these attendance counts highlight both ongoing challenges and opportunities for renewal. By fostering a spirit of stewardship, hospitality, and collaboration, we are committed to strengthening our parish communities, enhancing our expressions of faith, and ensuring that all are welcomed.

Together, we will continue working to build a vibrant, faith-filled future for the diocese and all who gather to worship within it.

Into The Breach Video Series

The organization of the Knights of the Columbus created

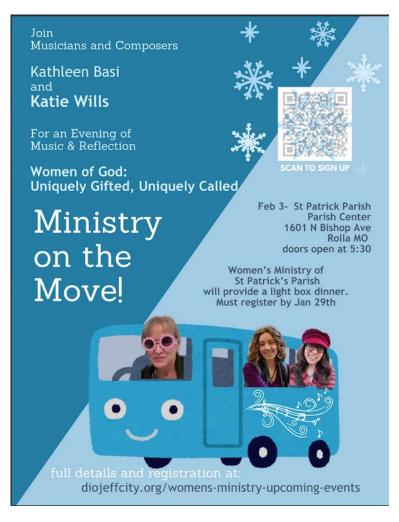


a video series called: INTO THEBREACH VIDEO SERIES. The video series "Into the Breach" is about

the mission of the family. It is designed in hopes to help Catholic men, women, and families lead lives of faith and virtue in today's world. There are five videos are less than 14 minutes in length. To watch the video series go to:

https://www.kofc.org/en/campaigns/into-the-breach.html





PRAYER, SILENCE, LECTIO DIVINA.



- · Four conferences given by a monk, intended to lead the retreatant to encounter Christ
- · Participation in the Divine Office and Mass with the monastic community
- · Specific times for personal prayer and lectio divina
- · Adoration of the Blessed Sacrament and the Sacrament of Reconciliation

MEN'S RETREATS

Jan. 24-26, 2025 July 18-20, 2025 Feb. 21-23, 2025 (full)

May 16-18, 2025 May 30-June 1, 2025 Nov. 21-23, 2025 June 27-29, 2025

Aug. 29-31, 2025 Oct.17-19, 2025 Dec.19-21, 2025

Jan. 17-19, 2025 May 23-25, 2025 June 20-22, 2025

July 11-13, 2025 Jan. 31-Feb. 2, 2025 Aug. 22-24, 2025 March 21-23, 2025 Sep. 12-14, 2025 Oct. 31- Nov. 2, 2025 Dec. 12-14, 2025

Pricing: \$250 per person.

Retreat costs includes all the meals, a private room, linen and towels, and retreat director fee.

We are located in northwest Missouri. 37174 State Hwy V V | Conception, MO 64433

Scan the code to visit ou

WOMEN'S RETREATS



Are you new to the Parish?

If you are new to the parish, please call the office at 573-885-3520 to register or stop by so we can meet you! **Has your information changed?**

If you have moved, disconnected your home phone and only use a cell, or have any other household changes, please let us know so we can update our records.

Remember - if you don't tell us - we won't know!



If you would like to have a Mass said, the suggested amount for the stipend is \$10. Call the office to schedule a Mass Intention, or put your stipend in an envelope with the following Information:

- Your name & phone number
- Who the Mass is for
- If they are deceased
- Specific date (if any) please specify if the intention can be on a weekday or not.

Anointing of the Sick:

It is important to seek the sacraments of the Anointing of the Sick and Reconciliation prior to going to the hospital, when you are sick, or nearing death. Contact the office or Father for to schedule a time for the sacrament.

<u>Homebound:</u> If you would like to minister to the homebound by visiting them and bringing them Communion, please contact S. Karen 507-514-3226.

Yoga Class on Tuesdays Offered at Holy Cross:

For a small fee, Yoga Class offered on Tuesdays at HC from 5:30 - 6:30 p.m. For more information, contact Diane 314-578-1132 or Donna 573-259-6957.

"Heavenly Cleaner" Volunteers - Please Help:

Holy Cross has a group of volunteers called "Heavenly Cleaners" that clean the church each week. They are divided into teams of 2. Each team cleans the church once a month. The team is asked to freshen up the bathrooms, vacuum the floor, dust, take out trash, and sanitize. If you would be interested in helping with this ministry of the church, please call the parish office.



Cemetery/ Columbarium:

Many people feel it can be a great help to their grieving family members if the desires of the deceased were planned by him/herself before the time of death. Whether cremation or burial is chosen, consider Holy Cross as yours or your loved one's final resting place. Many people are not aware that the proper practice for cremation is to place the cremains in the columbarium or bury them in the cemetery. If members of our community have the cremains of a loved one in their home, or another place other than the cemetery, they should make arrangements to give their loved ones a place to rest in the columbarium or cemetery with the proper prayers of internment.

Holy Cross Catholic Cemetery plots/niches are available whether burial or cremation is your choice. Contact Louis Raineri 573-259-8920 or the parish office for more information. Sacred Heart in Leasburg and Mount Calvary in Bourbon.

Baptisms & Weddings:



If you are planning a Baptism, there is a preparation class. Please speak with Sister Karen to schedule. If you are planning a wedding,

please contact Father Tony. There is a preparation that needs to be done 6 months prior to the wedding.

Funeral Dinners:



If you are interested in helping with the funeral dinners, please call the office. You will be called upon when a funeral dinner is requested. Help with bringing food, set up, or

clean up! Please consider this ministry of the church so we can provide for our grieving families.



Misa en español

CADA 1° Y 3° DOMINGO DEL MES. MASS IN SPANISH IS EVERY 1ST & 3RD SUNDAY OF THE MONTH

ASSISTIVE LISTENING SYSTEMS AVAILABLE

Remove from charging station.

The On button is on the top

Volume Control is on the front.

After Mass, wipe off unit and return to charging station.



Pope Francis Prayer IntentionJANUARY

For the Right to an Education

"Let us pray for migrants, refugees, and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected."

CubaKofC Membership Invite:

The Cuba Knights of Columbus covers all of Crawford County. CubaKofC is in search of new members to help our order grow and maintain its position as the strong right hand of the Church and service to the community of Crawford County.

CubaKofC consists of the men and women volunteers. The Knights of Columbus Chapter 8920 and the Ladies Auxiliary 8920. These men and women's service helps many local organizations and individuals in need. CubaKofC helps the parishes of Crawford County and community organizations such as the food pantries, Special Olympics, and prolife organizations, as well provides community wide events such as the Kids Christmas Party.

This is a personal invitation to all men and women of our parish to come and join our CubaKofC service community. In our busy lives many people do not think they have time to add another activity. However, your commitment is to do what you can. Maybe it is helping with just one event, attending our monthly dinner social and business meeting, or helping with our Bingo fundraiser. The choice is yours, but many hands will make light work.

Help us Help Others in our parishes, school and community by inquiring into Cuba Knights of Columbus, please join us. You won't regret it. For Further information on how to join please contact District Deputy Louis Raineri at 573-259-8920 louisraineri8920@gmail.com or Grand Wayne Kuethe.



JANUARY 2025 BINGO NEWS

Thursday Nights @ 6:15 p.m. (doors open at 4) PROGRESSIVES ~ Coverall Progressive is at a big \$5,500.00 with 3 hot balls and a consolation prize of \$300.00. The **Second Progressive** will play out and pay \$500.00, \$750.00 or \$1,000.00.

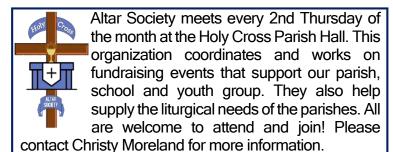
QUEEN OF HEARTS ~ Will be over \$6,000.

RAFFLE ~ A 36" Blackstone Grill will be raffled and awarded on December 12th. (\$500.00 value)

CANNED FOOD DRIVE ~ Until February.

MATCH ONE OF THESE ~ Bring your tally sheet from the previous week. Win a free gas card.

Numbers are: 183608, 183620, 183638 & 183680.



Grades: Preschool (3 years old) – 2nd grade. HC School is an accredited school with Missouri certified teachers. It offers a Diocesan-developed curriculum in a Christian private school setting. HC School offers Title 1 tutoring for qualifying students. HC school has small class sizes and spacious classrooms. Please contact Mrs.

Osentoski for a tour or to register your child.

Check out our Facebook Page

https://www.facebook.com/cubamoschools

facebook. Holy Cross School

CATHOLIC SCHOOL

Eam Cash for Our School!

Support Holy Cross without spending anything extra!

- Turn in your Mace Supermarket Receipts. The school receives 1 point for each \$1 on the receipt. (September – March)
- Turn in used ink cartridges. Given to Staples to recycle, the school receives \$2 for each cartridge, up to \$40 a month!
- Turn in Best Choice UPC codes found on the labels. Each UPC code is redeemable for 3ϕ cents each.

Please deposit your Mace's receipts, Best Choice UPC codes, and ink cartridges in the collection box in the church entrance or bring to the parish office.





Are you VIRTUS certified?

Do you have your background check completed? Have you signed the Code of Conduct?

If you are not sure, or answered "no" to any of these questions, let us know!

Call or email Michelle in the office to find out if you are VIRTUS compliant! 573-885-3520 or hccccuba@gmail.com

All volunteers and all school parents (both parents) must to be VIRTUS compliant prior to volunteering or your child starting school.

Please help us, keep our children safe. The training provides us the knowledge on how to recognize signs of abuse and what to do if we suspect abuse happening. If we ALL are certified and have the training, the likelihood of a child being harmed is greatly reduced.

Call the office if you would like to have an in-person VRITUS class, or go to www.virtusonline.org to register and take the 2-hour class online.

If you or a family member have experienced abused in the past, please contact our victim assistance coordinator through the Diocese, Jacqueline Baldwin at 573-694-3199.

KEEPING OUR PROMISE TO PROTECT





Breaking the Silence of Abuse:

As a diocese, we are committed to breaking the silence of abuse. When someone is reporting abuse, we must



acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is

disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the Attorney General's clergy abuse online form. All of this information is also on our website, under the 'report abuse' tab. For those who want information, or want you to convey a message to Bishop McKnight, please encourage them to write to us at reportabuse@diojeffcity.org.



Need Support Now? If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.

Online Counseling Services:

Catholic Charities Counseling services is now providing professional in-person and online therapy across the Diocese of Jefferson City. To learn more simply visit **QUILTING GROUP EVERY TUESDAY**

9:00 A.M. - 12:00 P.M. AT ST. MICHAEL'S

Starting Tuesday, January 7th, from 9 a.m. to 12 p.m., the group will gather at the **Golden Echoes Center**

(401 N. Spring St., Steelville).

They will continue meeting there every Tuesday until St. Michael's Church renovations are complete.

All are welcome to join and help make quilts for those in need!

Service Opportunity in Our Community:

Drivers are needed to drive veterans to the VA hospital in

Columbia MO. The local DAV (Disabled American Veterans) have the vehicles. Drivers do not have to

be veterans. This is unpaid. You do get free meals! Call 885-1390 or 885-3680 to volunteer or for more info. Veterans needing a ride, call 885-1390 to schedule.

Ministerial Alliances and the Food Pantries:

In Cuba, the Cuba Ministerial Alliance (CMA) "runs" the food bank and cooperates with the Life Line Pregnancy Center.



Holy Cross has a St. Martin De Porres envelope to help the poor. The monies

collected from this fund help support the Cuba Food pantry. **Crawford Country Mobile Food Market**



3rd Thursday of each month Begins at 10:30 a.m. at the

Cuba Food Pantry

a me Always looking for volunteers! Call today to help!

Local Food Pantry Hours:

Cuba: (573-885-6703)

Thursdays 8:00 a.m. – 11:30 p.m. & 3:30 p.m. – 6:00 p.m. Fridays 8:00 a.m. – 11:30 p.m.

Steelville: (573-775-4827)

Last 2 Tuesdays of the month hours: 2-4 p.m.

Bourbon: (573-732-4888)

Saturday 9-12pm.

Thrift shop: Mon. Tues. & Thur. 9-4p.m. and Sat. 9-12p.m.

Feed the Hungry:

Our Local food banks are in need of food. The cost of food has gone up! To help, there is a "food basket" in the entryways of our churches. Please bring nonperishable food items and place them in the baskets. The food items will be sent to the 3 food pantries in our three towns.

cccnmo.diojeffcity.org/counseling

Civilize it!

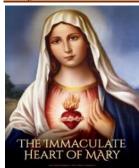
Our political discourse has become increasingly rancorous and bitter. The U.S. bishops began a campaign leading into the 2020 election to restore civility to our public and political discourse



called Civilize It: Dignity Beyond the Debate. The Missouri Catholic Conference highlighted the campaign last year with a special episode of MCC from the Capitol

with Archbishop Mitchell Rozanski. This year, the U.S. bishops are again challenging the faithful to answer Pope Francis' call to seek "a better kind of politics, one truly at the service of the common good." Civilize It: A Better Kind of Politics encourages people to commit to seeking the truth, building bridges, and finding solutions together that promote the common good. Individuals can sign the pledge, and sign up to receive additional materials, by visiting the USCCB Civilize It webpage. www.usccb.org/civilizeit

Prayer to the Immaculate heart of Mary:



O Immaculate Heart of Mary, we entrust ourselves to you, Health of the Sick. At the foot of the Cross, you participated in Jesus' pain, with steadfast faith. Patroness of the Diocese of Jefferson City, you know what we need. We are certain of the power of your intercession, so that, as you did at Cana of Galilee, joy and

feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who taught us to "love one another, as I have loved you" took our sufferings upon Himself and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Bring under your mantel of protection all who provide care for the sick and minister to their needs, as your Son implores us to do for one another.

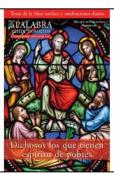
V. We seek refuge under your protection, O Holy Mother of God.

R. Do not despise our pleas and deliver us from every danger, O glorious and blessed Virgin. Amen.



joy of hearing from God each day!





"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your request known to God." Philippians 4:6



The God Minute is a short, daily Christian prayer that includes peaceful music, scripture and a reflection to bless your day with the Lord. It's only 10 minutes. Take a

few God Minutes each morning and see how your day rises in abundance. A Catholic devotional by the Congregation of the Mission - the Vincentians.

https://www.thegodminute.org/wix-podcast-player

Jefferson City Diocesan Women's Ministry:

The Women's Ministry of Jefferson City was established to help the women of our diocese connect with each other so that we can support each other in our spiritual journeys. We find inspiration and comfort in praying with each other, in talking with each other, and in sharing the stories of our faith journeys.



https://diojeffcity.org/womens-ministry/

For opportunities to get involved in the ministry, please contact Barb Prasad, Director of Women's Ministry at bprasad@diojeffcity.org or (573) 635-9127 ext. 222

"Like" the Women's Ministry page on Facebook to keep up with events and news, and to get to know women in your parish and deanery.

www.facebook.com/profile.php?id=100070216385915

Please Listen to the Diocese of Jefferson City Podcast



Prayer is how we orientate ourselves as stewards of God's gifts. In this month's podcast, we continue our discussion with Fr. Stephen



Jones about the Four Pillars of Stewardship. These series are designed to help us deepen our understanding of the Spirituality of Stewardship as we approach the Catholic Stewardship Renewal in **October**. Listen to the podcast at https://diojeffcity.org/podcast/ or use the QR code above.

Propane Offer:

Boland Energy Boland is willing to offer employees and parishioners the **fixed rate of \$1.69**. This



fixed rate will expire May 31, 2025. The only stipulations are: the delivery must be a

minimum of 250 gallons delivered at a time <u>and</u> customers must own their tank. If you would like to partake in this offer, please call Boland Energy at: 636-239-9400 and tell them the code word "Holy Cross".



Preparing for a Great Marriage:

The Catholic Church teaches that marriage is a covenant, a contract and a bond between a man and a woman that forms a partnership for life. The marriage bond is a unique and exclusive relationship between husband and wife for the sanctification of the couple and for the procreation and Christ-centered nurturing of children in a family.

The family, with its foundation in marriage, is a fundamental unit of the Church. Marriage is also a basic social institution of human society. Marital love is at the service of the couple, the children, the community, and of the world. Because of its timeless importance, the Church teachers that marriage between two baptized Christians is a sacrament, a source of grace and a sign of God's love for the world.

Every sacrament needs preparation for its fruitful celebration. The Church wants to ensure that those entering the life-long commitment of marriage are adequately prepared for the riches and the responsibilities that are intrinsic to it. This is why the Diocese of Jefferson City has a policy for marriage preparation. It is not to make the couple "check the boxes" or "jump through hoops." In her efforts of remote, proximate and immediate preparation, the Church is not trying to make it more difficult to get married, but rather provide the best opportunity for equipping the couple to live a shared life of love, compassion and nurturing grace.



Marriage Resources:

Marriage preparation - USCCB -

www.usccb.org/topics/marriage-and-family-life-ministries/marriage-preparation

Marriage & Family Life -

www.archstl.org/marriage-family-life/ resources/sexuality

<u>Natural Family Planning</u> - www.diojeffcity.org/natural-family-planning-2/

Pre-Marriage Inventory © is a comprehensive, user-friendly tool for lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.

www.foccusinc.com/foccus-inventory.aspx

<u>Prepare/Enrich</u> provides training for premarital counseling, coaching, and education, investments in your couples' futures. www.prepare-enrich.com

<u>Pre-Cana</u> is one component of the marriage preparation options available to couples that are considering marriage within the Catholic Church. The conference itself consists of presentations by couples and individuals on topics that are a practical as well as a spiritual nature. www.diojeffcity.org/marriage-preparation/pre-cana-registration/





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